

Present your research at the  
SBPR Annual Scientific Meeting in Birmingham, 11-12 June 2026.

**ABSTRACT SUBMISSION DEADLINE: WEDNESDAY 4th MARCH 2026**

Submit abstracts to Deb McStrafick at [contact@sbpr.info](mailto:contact@sbpr.info) with the subject line 'SBPR 2026 abstract submission'.

## INSTRUCTIONS FOR THE SUBMISSION OF ABSTRACTS

The Society of Back Pain Research is a multidisciplinary group of clinicians and researchers interested in back pain research - from basic science through to applied clinical studies in all settings. With the Society's broad remit, SBPR conferences offer a unique perspective of cutting-edge back pain research. Given the meeting audience's diverse background, please ensure that your abstract (and presentation) are accessible to all.

### Detailed instructions for abstract submission

- Abstracts are to be submitted to Deb McStrafick via email at [contact@sbpr.info](mailto:contact@sbpr.info) with the subject line 'SBPR 2026 abstract submission'. Presenters will be informed about the application outcome approx. 4 weeks after the submission deadline.
- The abstract should be no more than 250 words, excluding headings, and should contain no figures/tables or references. This is to conform with the format for electronic publication in The Bone and Joint Journal, where accepted abstracts will be published.
- Format the title and authors in size 12 bold Helvetica font and the content in size 11 Helvetica fonts. Use single line spacing only and no text boxes or borders.
- A contact name, and telephone/mobile number MUST accompany each abstract submission. Please state these details clearly in your email.

### Format and content of the abstract heading section

- **Title:** All in capital letters, without abbreviations.
- **Presenting author:** The name of the presenting author **must be in full and underlined**.
- **Other author names:** Author's initial/s and first letter of surname in capital letters; remainder in lower case (eg. JF Bloggs). The names of all authors must be stated.
- **The institution** where work was carried out should be listed. List only one source/institution per abstract. Each source/institution must be listed with its town/city and country.
- **Email address:** Include a contact email address in the abstract heading section.
- **Conflicts of interest:** These must be clearly stated. If this is not applicable, record 'No conflicts of interest'
- **Sources of funding** for the research must be stated. If this is not applicable, record 'No funding obtained'

### Organization of the abstract content

- Include a statement of the purposes of the study and background.
- Write a summary of the methods used and the results.
- Finish with a conclusion (note that it is not acceptable to state "The results will be discussed"). Use only common abbreviations. If unusual abbreviations are used, the full phrase must be used in parentheses the first time it appears.

### Further considerations

- Do not mention sponsors.
- Do not use commercial names of medicines.
- Do provide details if this work has been previously published in whole or substantial parts, or presented at any national or international meeting.
- **Confirm if you are a New Investigator** (Meaning that this is your very first presentation at ANY national or international meeting, not just SBPR)

We give out several AWARDS, including for New Investigators, which are presented at the end of the meeting.

Please find further information about the meeting at <https://www.sbpr.info/meetings>