



THE SOCIETY FOR BACK PAIN RESEARCH

NEWSLETTER - FEBRUARY 2026

SBPR Birmingham 2026 Conference
11th-12th June 2026 - Aston University

'BACKS TO THE FUTURE'



ONLY 4 WEEKS LEFT TO SUBMIT YOUR ABSTRACT

Visit our website for instructions for [abstract submission](#)

[SUBMIT YOUR ABSTRACT](#)

Abstract submission deadline: **Wednesday 4th March 2026**

REGISTRATION IS NOW OPEN

[REGISTER HERE](#)

Early Bird Registration: **30th April 2026**

BOOK YOUR ACCOMMODATION

[BOOK HERE](#)

Accommodation (Aston reserved bedrooms):
Book before **11th April 2026** to avoid disappointment.

For full details and conference flyer please go
to <https://www.sbpr.info/meetings>

Please download and disseminate the flyer amongst your colleagues!

SBPR Membership Subs:

The annual membership subs have increased to £50

Please amend your standing order now to reflect the increase and also it would be most helpful if you could change the date so it is taken on the 1st March.

If you have not got a standing order set up then we kindly encourage you to do this so that it is taken on the 1st March annually.

The bank details are as follows:

HSBC: Society for Back Pain Research
Account No: 62802597 Sort Code: 40-35-04

OVERSEAS PAYMENTS: IBAN: GB56MIDL40350462802597 BIC: MIDLGB2108L

Please can we ask that you ensure your full name is used as a reference for the standing order to make it easier to identify you.

Sign up to the members only area on our website www.sbpr.info where you will find some very old history of SBPR!

Call for Ordinary Members:

The Society for Back Pain Research (SBPR) is recruiting Ordinary Members to join the Executive Committee.

This role provides the opportunity to work with a small team to deliver the annual SBPR scientific meeting/ BritSpine conference and to UKSSB (UK Spine Society Board), EuroSpine and EUSSAB. The role comprises a 3-year commitment to regularly attending SBPR online committee meetings (3-4 per year) and a face-to-face meeting held the afternoon before our bi-annual conference. To apply for this position, please email a 250-300 word summary to Siobhan Stynes, Secretary (s.stynes@keele.ac.uk) outlining why you wish to apply for this position and what you would contribute to the Society, together with recommendations from two current SBPR members (email will suffice). This statement will be distributed to the membership. Applicants will be voted in at the SBPR AGM in Birmingham on Thursday 11th June 2026. Where there are more than the required number of applicants per post, a vote will be taken and those with the most votes will be deemed to be successful.

All applications should be submitted to Siobhan Stynes (s.stynes@keele.ac.uk) by **Friday 15th May 2026**.
If you would like further information about the role, please contact Deb McStrafick contact@sbpr.info
This is your opportunity to become actively involved in the Society and to make a difference.

SBPR Socials:

To expand our reach and be where people now talk science, we've added Bluesky and LinkedIn to our platforms.

Follow us on [Bluesky](#) and [LinkedIn](#)

Please help one of our SBPR members by completing a short survey

My name is Brian Drumm, and I am a PhD student in The Department of Sport, Exercise and Nutrition at ATU Galway. I am recruiting volunteers to take part in a research study on low back pain diagnosis. The purpose of this research is to evaluate Healthcare Professionals' experiences when diagnosing sacroiliac joint-related low back pain, pelvic girdle pain and sacroiliac joint dysfunction.

Participation in the survey is voluntary and anonymous, and no identifying information will be collected. It should take less than 15 minutes to complete. The results will be used solely for research purposes and may contribute to a better understanding of Healthcare Professionals' experiences when diagnosing sacroiliac joint-related low back pain, pelvic girdle pain and sacroiliac joint dysfunction and to identify research priorities to develop our understanding of sacroiliac joint-related low back pain (SIJ pain), pelvic girdle pain and sacroiliac joint dysfunction (SIJD).

A link to the survey can be found here: [Low back pain diagnosis survey](#)
Alternatively, the survey can be accessed by scanning the QR code:



Thank you very much for considering this request.
Closing date: 1st March 2026