

INSTRUCTIONS FOR SUBMISSION OF ABSTRACTS

Submit abstracts to Deb McStrafick at contact@sbpr.info clearly stating 'SBPR 2026 abstract submission'

ABSTRACT SUBMISSION DEADLINE WEDNESDAY 4th MARCH 2026

(Presenters will be informed approx. 4 weeks after the deadline)

The Society of Back Pain Research is a multidisciplinary group of clinicians and fundamental science researchers interested and active in back pain research from basic science through to applied clinical studies in all healthcare and public health settings. This broad remit brings together a fantastic view of back pain research from a number of aspects and is always an interesting meeting. As the audience for the meeting covers the broad spectrum of back pain researchers, please remember to make your abstract (and presentation) accessible to all.

The Abstract should be set out as instructed below

Important: A contact name, and telephone/mobile number MUST accompany each abstract submission, please state these details clearly on the email you submit.

ABSTRACT FORMAT

The abstract should be no more than **250 words**, excluding headings, and **should contain no figures/tables or references**. This is to conform to the format for electronic publication in The Bone and Joint Journal. Title and authors in size 12 bold Helvetica font and the content in size 11 Helvetica fonts, single line spacing only, no text boxes or borders.

Only one source/institution should be listed per abstract - each source/institution must list its town/city and country.

THE HEADING

The title. All in capital letters, without abbreviations.

Author's initial/s and first letter of surname in capital letters; remainder of name in lower case (eg. JF Bloggs).

The names of all authors must be stated.

Presenting author: The name of the presenting author **must be in full and underlined**.

The institution where work was carried out – ***BJJ request only one institution be included.***

Email address: BJJ require a contact email address to be included on the abstract

Conflicts of interest: These must be clearly stated. If this is not applicable, record 'No conflicts of interest'

Sources of funding for the research must be stated. If this is not applicable, record 'No funding obtained'

ORGANISATION OF CONTENT, WITH TITLES FOR EACH SECTION

- i. A statement of the purposes of the study and background.
- ii. A summary of the methods used and the results.
- iii. A conclusion (note: It is not acceptable to state "The results will be discussed").

Use common abbreviations. If unusual abbreviations are used, the full phrase must be used in parentheses the first time it appears.

Do not mention sponsors.

Do not use commercial names of medicines.

Do provide details if this work has been previously published in whole or substantial part, or presented at any national or international meeting.

Do confirm if you are a New Investigator

(That is your very first presentation at ANY national or international meeting, not just SBPR)

We have a number of **AWARDS** available; these are presented at the end of the meeting.

Please find full details at <https://www.sbpr.info/meetings>