



THE SOCIETY FOR BACK PAIN RESEARCH

SBPR 2026

Annual Scientific Meeting

Aston University, Birmingham
11th - 12th June 2026

"BACKS TO THE FUTURE"



Abstract submission is now OPEN

Vist <https://www.sbpr.info/meetings> for further details.

CALL FOR SECRETARY ELECT

Please visit <https://www.sbpr.info/committee> to view the current Committee.

We are currently seeking expressions of interest for the Secretary Elect role for the SBPR. This role offers the opportunity to support the direction of the Society for Back Pain Research, and to contribute to the United Kingdom Spine Societies Board (UKSSB). These roles impact spinal research and knowledge dissemination as well as providing networking opportunities across the field of spine care and research.

The Secretary Elect position will commence in November 2025, with a two-year term prior to taking on the Secretary role from 2027-2029. As Past Secretary you will remain on the Executive Committee for a further two years. This role therefore offers an exciting opportunity to contribute to the Society over a six-year term. In your first two years as Secretary Elect, you will serve on the SBPR Executive Committee, gaining valuable experience and insights. You will then assume the role of Secretary, supporting the President and Treasurer to lead the society and to organise our

scientific meetings for a two-year term, followed by two years as Past Secretary, where you will offer your insight and support to your successor. In the Secretary role, biannually, the SBPR conference is replaced with BritSpine, which you will work with the UKSSB to deliver. As Secretary you will also sit on the UKSSB Executive Committee together with the SBPR President, to inform the direction of the UKSSB. SBPR and UKSSB Executive Committee meetings each occur quarterly, with the majority held remotely.

Eligibility criteria: previous SBPR Executive Committee Member (full term)

To apply: please email a 200 word summary outlining why you wish to apply for this position and what you would contribute to the Society. This statement will be distributed to the membership prior to the EGM. Please also provide a recommendation from two current SBPR members (email will suffice). Please send all details to Clare Ryan, Secretary (C.Ryan@soton.ac.uk).

Applications close on Wed 15 October 2025. The trustees of the society (Secretary, President and Treasurer) will review applications and will make a recommendation to the members of the Society at the EGM. In the event of there being multiple applications to the role, we may seek to interview candidates to inform this recommendation. Applicants will be voted in at the SBPR **EGM on 18th November 2025** to be held remotely on Teams.

If you would like further information about this role, please contact me, Clare Ryan on C.Ryan@soton.ac.uk. We very much hope that you will consider supporting the leadership of the Society through applying for this role and look forward to hearing from you.

SBPR EGM

We will be holding a virtual Extraordinary General Meeting in November. As we have moved to holding our AGM in the Spring/Summer this will become a regular extra meeting to be in line with the financial YE. This meeting will be on **18th November 2025 from 7pm to 8pm**, a Teams invite, along with supporting documents will be sent to you in due course.

SBPR MEMBERSHIP

We currently have approx 100 members but would very much like to encourage new (and old) members to join. We would be very grateful if you would disseminate the attached flyer amongst your groups/colleagues.

BRITSPINE FEEDBACK WINNER

Thank you to all those that returned their evaluation forms following BritSpine in March.

As promised we have drawn a winner to receive free registration at SBPR Birmingham 2026.

This prize may be transferred by the winner to a junior colleague.

AND THE WINNER IS.....Dr Esther Williamson

TRAVEL FELLOWSHIPS

Unfortunately we are unable to offer any Travel Fellowships at this time.

Remembering Elaine Buchanan



We will be remembering and honouring Elaine in Birmingham next year.
Further details will follow.

Derek, Elaine's husband, completed LEJOG this month to raise money for Cancer Research in memory of Elaine. There is still time to make a donation: https://www.justgiving.com/page/derek-buchanan-cancer-research?utm_medium=FR&utm_source=CL

SBPR SOCIALS:

To expand our reach and be where people now talk science, we've added Bluesky and LinkedIn to our platforms.

Follow us on Bluesky at [@sbprofficial.bsky.social](https://bsky.app/profile/sbprofficial), or find us on [LinkedIn](#).
Also still on X [@sbprofficial](https://twitter.com/sbprofficial)